



An Education We Can Have Faith In

Our Lady of the Lake Catholic School Athletic Code

Fall 2011

Our Lady of the Lake Catholic School commits to the following:

- Offer students an enjoyable learning experience in a safe, welcoming environment.
- Provide the greatest possible opportunity for athletes to participate in both practice and competitions.
- Promote personal improvement in skills, physical conditions, and knowledge of the sport.
- Promote a program of excellence that promotes respect and responsibility that lead to success on and off the court.

Objectives of Our Lady of the Lake Catholic School Athletics Program

1. The athlete will value teamwork, self-discipline, development of a strong work ethic and acknowledge that contribution to the team is more important than individual achievement.
2. The athlete will be a good sport while developing self-control, respect, honesty and a spirit of cooperation.
3. The athlete will learn an appreciation of playing by given rules.
4. The athlete will appreciate and respect the skills and abilities of his/her opponent.
5. The athlete will be a good winner as well as a gracious loser.
6. The athlete will understand the importance of physical fitness that leads to a sound body, healthy mind, and life-long health habits.

It is the Responsibility of the Student Athlete to:

1. Follow the guidelines establish by the coach for practice and games.
2. Adhere to the rules and policies of the school.

We expect our Student Athletes to:

1. Respect the position, decisions, and the requests of the coach.
2. Exemplify courtesy, manners and sportsmanship.
3. Adhere to and willingly follow the rules imposed by the coach.
4. Give the very best possible effort in practice and at games.
5. Cooperate fully with the coach and teammates in striving to achieve the team's goals.
6. Maintain acceptable behavior during both school and non-school hours.
7. Be modest in victory and gracious in defeat.
8. Maintain conduct of the highest standards at all times.



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9. Ensure that the courts, locker rooms and school are kept clean during practices and games and help pick up any litter or items left at the conclusion of practices and games.

Attendance Policy

A Student Athlete must be in attendance at the end of the school day in order to play that night. If the student is not present at school on Friday, the parent(s) and coach will make the decision as to the player's presence at weekend contest.

Academic Policy

We also expect our Student Athletes to maintain a C- in each and every class. If a student falls below this level (as determined by the teacher, coach, parent, or principal) they will not be able to play in any games until it is determined (by the teacher and principal) the student's work is once again at or above the C- level. Participation in practices can also be in jeopardy as determined by the principal.

Behavior Policy

Proper behavior in and outside of school are expected of Our Lady of the Lake Athletes. If an athlete receives a 1 day suspension at school, this applies to the next game and all practices up to that game. If they receive more than a 1 day suspension, the same shall apply as above and any during the suspension. If an athlete receives an after school detention they will have to sit out of the first 15 minutes of the next game. Any other behavior issues can result in athletes not being able to play or participate in practice at the decision of the coach or principal.



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Athletic Code of Conduct Agreement Form

Your signatures (parent and student-athlete) indicate that you understand and accept the responsibilities and obligations, and agree to cooperate with school personnel in enforcing and following the Our Lady of the Lake Catholic School Athletic Code.

Please print the Student Athlete's Name: _____

Circle the sport: Basketball Volleyball other: _____

Please sign and return this sheet to your child's coach or the school office.

Student-Athlete Signature

Date

Parent Signature

Date