LUNCH FEBRUARY 2012

Our Lady of the Lake Catholic School

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 chicken fajita on a tortilla buttered rice salsa corn pineapple tidbits	2 hot dog on a bun bakes beans potato chips green beans mixed fruit cookie	3 chicken nuggets French fries peas & carrots apricots pudding
6 pizza dippers marinara sauce tossed salad mixed fruit brownie	7 scalloped potatoes & ham corn pears dinner roll pudding	8 chicken noodle soup egg salad or cheese sandwich peaches California blend vegetables jello	9 corn dog potato wedges pineapple tidbits green beans cake	10 cheese omelet hash browns sausage patty waffles w/ syrup applesauce
13 spaghetti hot dish bread stick tossed salad peaches peanut butter cookie	14 sloppy joe on a bun potato chips fresh veggies & dip pears pickle Happy Valentine Day Cake	15 sliced turkey mashed potatoes & gravy apple slices stuffing corn cranberries	16 tomato soup grilled cheese sandwich string cheese green beans tropical fruit pumpkin bars	17 NO SCHOOL
20 NO SCHOOL	21 chicken chow mien buttered rice egg roll mandarin oranges fortune cookie	22 ground beef & gravy mashed potatoes glazed carrots dinner roll pineapple tidbits jello	23 macaroni and cheese soft pretzel peas & carrots string cheese pears pudding dessert	24 pizza tossed salad corn mixed fruit apple crisp
27 hamburger or cheeseburger on a bun french fries apricots California medley vegetables rice crispy treat	28 chicken & gravy mashed potatoes green beans dinner roll pears pudding	29 Rice-a-roni hot dish corn peaches bread & butter corn bread		

A second choice of Chef Salad is available daily but must be ordered with the lunch count in the morning – it is served with milk, crackers & the fruit of the day. It is same cost of a hot lunch.
Lunch prices: Gr. K-4 is $2.20/meal…Gr. 5-8 is $2.50/meal. Reduced price meal is 40¢ if approved by application.
Extra milk purchased is 40¢

References: [1]Bell Institute of Dietary Intake Study, 2000-2002. [2]Holick MF. *J Nutr* .2005.